



CITY MANAGER'S NEWSLETTER



Volume XXIII, Issue 6

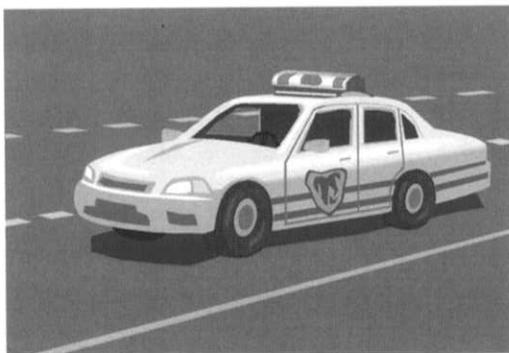
February 8, 2013

POLICE ANNOUNCE FEBRUARY TRAFFIC INITIATIVE

The **Woodstock Police Department** will engage in a special traffic enforcement initiative targeting center lane/median/no passing zone violators during the month of February. This violation occurs when a vehicle travels within the center turn lane or the striped area preceding the left turn lane at an intersection.

As always, the enforcement effort is intended to educate motorists as well as reduce the number of traffic collisions that occur on our city streets because of center lane/median/no passing zone violations. The ultimate goal is to change driving behaviors and encourage motorists to voluntarily comply with traffic laws.

Any questions regarding the initiative may be directed to **Sergeant Dennis Leard** at 815-338-2131 or dleard@woodstockil.gov.



HAVE A HEART WEEK AT THE LIBRARY

Food Drive: The library will be accepting non-perishable food donations for the Woodstock Food Pantry this Sunday, February 10 through Saturday, February 16. Expired food will not be accepted.



Blood Drive: Give the gift of life at the Woodstock Public Library on Tuesday, February 12 from 4:00PM to 7:00PM. February is National Heart Month and blood donations are always needed. Make an appointment to give

blood at the library by calling 815-338-0542, or by going to www.heartlandbc.org. Walk-ins are always welcome.

Cholesterol Screening: The McHenry County Dept. of Health will be offering a cholesterol screening at the library on Saturday, February 9 from 9:00AM to 11:30AM. The cost is \$35 per person and the screening requires a 12 hours fasting period before the screening. Appointments are required. Please call 815-334-4536 to make an appointment.

For details on these and other events at the Woodstock Public Library, please contact us at: 815-338-0542.

IN THIS ISSUE...

2 Weight Watchers at Rec Center

3 Sergeants Eligibility List

WEIGHT WATCHERS CONTINUES AT THE REC CENTER



The little guy saw his shadow, so it looks like an early spring! That brings spring break, sleeveless shirts and bathing suits. Will you be ready for it? Are you actively working towards your ideal picture of

health and weight?

The price in the portal for the **Rec Center** is rumored to be increasing to \$42.95 sometime in March. Join now while the \$39.95/month rate is still in place and get grandfathered in. If you currently have the pass at \$39.95 you get to keep that price.

City of Woodstock – Recreation Center currently has meetings at 7:00PM on Tuesday evenings at 820 Lake Ave, Woodstock, IL 60098

Get your pass at: The Weight Watchers/Rec Ctr portal: <https://wellness.weightwatchers.com>

ID: 51518

Pass code: WW51518

(1-866-204-2885 for any problems with a previous pass or portal issues)

RECRUITMENT NEWS

Recruitments for LPT Playroom Attendant and LPT Recreation Center Cashier close today, 2/8/13.

The following positions remain posted and available for application as outlined:

Youth Services Librarian

The City of Woodstock seeks a passionate, positive, flexible and enthusiastic MLS grad for Youth Services Librarian at the Woodstock Public Library.

FT position provides programming, collection development and reference services to children and young adults. Min. qual.: MLS, excellent oral and written communications, computer and Internet skills, experience working with both children and young adults. Bilingual Spanish preferable. Starting salary: \$41,710/yr. with excellent benefits package. **Send resume including salary history, and letter of interest outlining qualifications,** to: humanresources@woodstockil.gov, or mail to City of Woodstock HR Department, 121 W. Calhoun St., Woodstock, IL 60098, no later than Friday, 2/22/13. Formal applications will be sent to the most qualified candidates and must be returned by the specified deadline date in order to receive consideration.

Seasonal Recreation and Public Works summer positions remain posted and available for application, including: **Certified Lifeguards and WSI Swim Instructors, Pool Cashiers and Playground Program Counselors**. Minimum age requirement is 16 for all seasonal Recreation positions.

Also, **Public Works** general **Seasonal Maintenance Workers**, \$8.25 per hour. Minimum requirements are age 18, with a valid Illinois driver's license and good driving record.

Applications for 2013 summer positions will be accepted through Thursday, February 28th. To request an application please do so at: humanresources@woodstockil.gov, or call or visit Woodstock City Hall HR Department, 815-338-1172.

MEETINGS NEXT WEEK...

Tuesday, February 12- Parks & Recreation Commission, 7PM, Council Chambers

BOFPC COMPLETING SERGEANTS ELIGIBILITY LIST UPDATE

The **Woodstock Police Department's** Sergeants Promotional Eligibility List, from which vacant Sergeant positions may be filled, reflects a 3-year active posting period. As the current list expires 2/22/13, the BOFPC has undertaken the process for updating this list with new candidates.

Testing and interviews have been conducted and 4 candidates' names have been added to the Initial Sergeants Eligibility List, which was posted this week. With assistance from the **HR Department**, the BOFPC has notified these candidates of their opportunity to apply military "preference points" by notifying the HR Department of this intent in writing no later than Friday, 2/15/13.

Upon addition of requested "preference points," the Final Sergeants Eligibility List will be posted and available for use in determining the next WPD Sergeant when a vacancy occurs.

Quote

"Compromise need not mean cowardice."

John F. Kennedy

HEALTH & SAFETY MESSAGE: WE'VE GOT YOUR BACK

Especially as we age, developing problems with back pain is much easier to happen than ever before. Some tips to help avoid this ongoing problem:

- 1) **Keep your back straight**—even when you're just standing or sitting, strain is placed on your lower back, so it's important to always use good posture and provide as much support as possible.
- 2) **Think before you lift**—bend at the knees, not at the waist and let your leg muscles do the work. Never bend, twist and then lift. And never lift more than you can safely handle alone.
- 3) **Shed extra weight**—that spare tire around the middle can put enormous strain on back muscles and compress the disks in the lower back. Many overweight individuals develop and experience recurring back problems.
- 4) **Work out wisely**—regular physical activity is essential for keeping your back strong and injury-free. Best choices include walking, jogging, cycling and swimming, but always remember to warm up, stretch and cool down, too.
- 5) **Let your back rest**—don't sleep on your stomach, which causes the back to curve excessively. Lie on your side with knees bent to relieve pressure on the disks. If you sleep on your back, use a thin pillow under your head and another under your knees.



You are cordially invited to join Chief Robert Lowen at the Woodstock Police Department for coffee, conversation, and an informative program.

McHenry County Emergency Management Agency Assistant Director Robert Ellsworth, Jr. will give a presentation on Emergency Planning and Weather Preparedness.

Coffee with the Chief



Monday, February 11, 2013
7:00 p.m. – 8:30 p.m.
Woodstock Police Department
656 Lake Avenue

For further information, please call
Tamara Reed at 815-338-6787.

Woodstock Police

D.A.R.E. Fundraiser

Come out and Help support the Woodstock D.A.R.E. program by enjoying one of your favorite treats from the Trax Depot Café.

A percentage of all sales on February 12th 2013 will be donated by Trax Depot Café to the Woodstock D.A.R.E. Program.

Location: **Trax Depot Café** 90 Church St.
(Located inside Woodstock train Station)

Times: 5:30 AM to 5 PM

