



CITY MANAGER'S NEWSLETTER



Volume III Issue 36

September 4, 2015

LABOR DAY SCHEDULE

In observance of Labor Day, all non-emergency City offices will be closed on Monday, September 7th.



Have a safe and happy holiday weekend!

LABOR DAY IMPACTS GARBAGE SERVICE

As a reminder, the Labor Day holiday will alter the garbage pickup schedule for residents during the week of September 7th through September 11th. With Labor Day falling on a Monday, all residents will be required to place their garbage out one day later. Residents that normally have garbage pickup on Friday will need to place their garbage out for collection on Saturday. Any questions should be directed to the City's garbage contractor, MDC Environmental Services at 815-334-0014.



IDOT BEGINS ROAD WORK ON IL ROUTE 47

Beginning Tuesday, September 8, the Illinois Department of Transportation (IDOT) will begin intermittent surface patching on IL Route 47, between IL Route 176 and US Route 14.

This is a moving operation and is expected to take a couple of days to complete.

NATIONAL DRUG TAKE-BACK DAY

On Saturday, September 26, 2015, the **Woodstock Police Department** will again participate in the United States Drug Enforcement Administration (DEA) National Drug Take-Back Day event from 10:00 a.m. to 2:00 p.m. in the public parking lot (east side of the building) located at 656 Lake Avenue.

Any and all prescription or over-the-counter drugs will be accepted if they are in pill form (no liquids or syringes.) You can bring in as few or as many as you have – there is no minimum or maximum. The drugs will be accepted no questions asked and will then be properly destroyed by the DEA in an environmentally-safe fashion.

The service is free and your privacy is protected. You don't even have to get out of your vehicle – Officers will be on hand to assist you – you can drive-by, drop off and be on your way.

Since 2010, county law enforcement agencies have collected an average of nearly 2000 pounds (one ton) per year of expired/unwanted solid dosage medication during the Drug Take-Back Day program!

For further information, please call **Tamara Reed** at 815-338-6787 or visit

www.nationaltakebackday.com .

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HYDRANT FLUSHING BEGINS IN SEPTEMBER

The fall 2015 hydrant flushing has been scheduled for:

Monday, September 7 through Tuesday, September 15 – west of Illinois Route 47
Wednesday, September 16 through Friday, September 25 – east of Illinois Route 47

No scheduled hydrant flushing will take place on Saturdays or Sundays.

During these three weeks, some loss of pressure and discoloration of water may occur. This condition will not present any health hazards and will only be temporary. Due to this discoloration, residents are urged to check their water quality **prior** to doing laundry and to avoid doing any laundry when hydrants will be flushed in your area.

If you have any questions regarding the hydrant flushing, or when flushing will occur in your neighborhood, please contact the Department of Public Works at 815-338-6118, or via e-mail at pwdept@woodstockil.gov.



FREE WORKSHOP OFFERED FOR ALZHEIMER'S CAREGIVERS

Almost every one of us knows someone who is dealing with the stress and confusion of caring for a loved one with dementia or Alzheimer's. What people may not know is that the Alzheimer's Association offers a multitude of **free** services that can be enormously helpful in understanding and effectively coping with this condition.

Articles, seminars, support groups and other services can be found at www.alz.org, while a 24/7 Helpline is available at 800-272-3900, offering tips and strategies from trained counselors. An additional resource is the Caregiver Workshops, and the next local opportunity will be offered in Woodstock at Hearthstone Village, on Saturday, October 10th, from 10AM– 3PM. Helpful information is provided by an excellent presenter, with group sharing of participants' family concerns and questions. Lunch is provided at no cost and registration is requested at: 815-484-1300 or www.alz.org/illinois. It's never too late to get new insights into caring for our aging family members, or ourselves.

MEETINGS NEXT WEEK...

Tuesday, September 8 – Parks and Recreation Commission- 7PM,

2015 PAVEMENT MAINTENANCE PROGRAM

A pre-construction meeting was held at the **Department of Public Works** on July 21, 2015 to discuss the upcoming pavement maintenance program for the City of Woodstock. The contract for this paving work was awarded to Geske & Sons, Inc. of Crystal Lake at the June 16, 2015 City Council meeting. Concrete curb, gutter and sidewalk removal and replacement work is scheduled to begin on Tuesday, September 8th and continue until mid-October, weather permitting.

This work consists of patching, milling, minor concrete curb removal and replacement work as well as placement of hot-mix asphalt over the following streets:

<u>STREET</u>	<u>FROM</u>	<u>TO</u>
Halma Lane	Boulder Lane extension	Cul-de-sac
Calhoun Street	Jefferson Street	Madison Street
Clay Street	Grove Street	First Street
Clay Street	Greenwood Avenue	Todd Avenue
Madison Street	Greenwood Avenue	Donovan Avenue
Madison Street	South Street	Calhoun Street
Todd Avenue	Tappan Street	Madison Street
Wheeler Street	Greenwood Avenue	Todd Avenue
Bloomfield Drive		
Jonathon Lane		
Braeburn Court		
Braeburn Way		
Fieldstone Drive		
Woodworth Avenue		
Meadowsedge Drive		
Springwood Drive		
Courtland Street		
Wildmeadow Lane		
Shenandoah Lane		
MacIntosh Avenue		

If you have any questions regarding this resurfacing program, please contact the Department of Public Works at 815-338-6118 or pwdept@woodstockil.gov

WATER USAGE

With the recent warmer, dry days, water demand has increased approximately 20%. This is equivalent to just under a half a million gallons per day. A lot of this increase is due to lawn and /or landscape watering. During times of drought the water supply can become depleted, as recharge rates for municipal wells decrease. The following are things you can do to help your lawn get through a drought:

- Mow grass higher to encourage deeper roots.
- Encourage deep roots by watering deeply but infrequently (this mimics nature).
- Plant drought-resistant grasses that are well-adapted to your area.
- Water your lawn early in the morning to reduce evaporation.
- Aerate and dethatch your lawn to improve water penetration.

The recent dry spell will cause no damage to established lawns. It will cost an increased amount of money to obtain green grass during a drought. During a drought, or period of less than average rainfall, grass may appear brown, as it goes dormant. However, when normal rainfall returns and drought subsides, the green grass color will be fully restored.

Water is such a precious and limited resource, please use it wisely.



FASTER THAN THE SPEED OF WHOOSH!

No, those strange markings on streets and sidewalks around town aren't being made by alien invaders. And the big orange tubes sticking out of the ground aren't submerged hula hoops. The digging, trucks and construction workers currently found throughout town are busy installing one of the most exciting projects the City has been part of in recent years.

Public service agencies in the Woodstock area, and potentially businesses and commercial organizations, are set to reap the benefits of a cutting-edge telecommunications/data network as installation of fiber optics is underway throughout the area.

The project is a consortium effort that includes representatives from the area's related agencies. The idea to pursue the project came about earlier this year, when US Hwy 14 expansion construction was scheduled, allowing affordable access to extend the proposed network from downtown Woodstock out to McHenry County College. Also benefitting from the project will be McHenry County Government Center, District 200 schools, Woodstock Public Library and the McHenry County Emergency Telephone System Board (ETSB). While the consortium funding the original project is made up solely of public service organizations, numerous industrial businesses along the improved 4-lane roadway, both current and future, may choose to tap into the network at optional cost. Eligible businesses will be notified of this opportunity once the fiber infrastructure is completed and operational.

Fiber optic networks include strands of fiberglass tubing run underground in secure framing. The system offers connectivity speeds as much as 100x faster than conventional wiring, with more data security, less ongoing maintenance, and fewer opportunities for breakage. The overall result provides greater service efficiencies and significant long-term cost savings for taxpayers. The system will ensure area residents receive the most rapid response possible in emergency situations, while allowing innovative new programming to develop

in area governmental, medical and educational facilities.

City Manager Roscoe Stelford wishes to share his appreciation for the community's cooperation during this construction phase, "The City of Woodstock, led by our **IT Manager Dan McElmeel**, with the invaluable help of our **Public Works Department**, is currently working with the various contractors to complete installation of conduit throughout the community. Various construction companies will be working in the right-of-way, so please be on the lookout for workers in the roadways." Conduit and cable installation is scheduled to be completed by the end of November. The final installation of the network is scheduled to be completed by the first week of January.

WWW OPEN THIS WEEKEND AND IT'S GOING TO BE HOT!

A reminder that **Woodstock Water Works** will be open this weekend and on Labor Day. Operating hours are Saturdays from noon to 8PM, Sundays from noon to 7PM, and on Labor Day from 11AM to 6PM.

Lap swim will also be offered on Saturdays and Sundays from 11AM to noon. Enjoy the final weekend of swimming at WWW this season as temps are expected to hit 90 degrees.



HR NEWS

Welcome back to the Woodstock Recreation Center **Melissa Canto**! Melissa was formerly a seasonal part-time Pool Manager who has transferred back as a limited part-time Rec Center Cashier.

In other Woodstock Recreation Center news, we are pleased to announce the following promotions at the Woodstock Recreation Center: **Ruby Santana** and **Victor Cortes** were promoted from Playroom Attendant to Recreation Center Cashier/Front Counter. Congratulations!

In addition, we are pleased to announce the hiring of **Elisa Diaz, Eilish Keane and Alyssa Parsons** as incoming Limited Part-Time Playroom Attendants. Welcome!

RECRUITMENT

Limited-Part Time School Crossing Guard: The City of Woodstock is accepting applications for the position of School Crossing Guard with the Woodstock Police Department. The crossing guard staff is responsible for six (6) dedicated school crossings in the City of Woodstock, providing for the safe transit of our community's children to and from school. Guards work Monday through Friday at a designated location during the school year. Most positions are scheduled in two shifts, 1 - 1 ½ hours in the early morning and 1 - 1 ½ hours mid-afternoon. Salary: \$9.57 per hour; no additional benefits are provided. **Application Deadline: Tuesday, September 8, 2015 at 5:00PM.**

Full-Time Economic Development Coordinator: The City of Woodstock is accepting applications for a full-time position that serves as a main point of contact on matters relating to the City's economic development activities. Reporting to the Economic Development Director, position plans and coordinates marketing of the City as a business destination. The purpose of the Economic Development Coordinator is to position Woodstock as an economically viable, business-friendly marketplace, with an exceptional quality-of-life environment.

Minimum qualifications: Bachelor's degree in Business or Public Administration, Marketing, Urban Planning, or related field, and two to four years' progressively responsible relevant experience; experience with economic development-related activities and organizations highly desired; CEcD, EDFP or AICP certification a plus; excellent oral and written communication skills; solid marketing and computer skills; valid driver's license with good driving record; equivalent combination of education and experience *may* be considered. Salary Range for the position is \$43,400 - \$67,351.71 based on qualifications and experience, with excellent benefit package **Application Deadline: Friday, September 11, 2015 at 5:00PM.**

Part-Time Community Service Officer: The City of Woodstock is accepting applications for the position of Part-time Community Service Officer with the Woodstock Police Department. Examples of duties include assisting the Patrol Division in various support areas, including patrol of City park areas, vacation house checks, animal control, vehicular lock-outs, processing complaints, ordinance enforcement, and other related duties as assigned. Position will work approximately 28 hours per week, M-F. Three (3) days a week will be a 6 hour shift and two (2) days a week will be a 5 hour shift. \$17.37/hour with prorated benefits based on number of hours worked (includes IMRF pension and benefit time, but no health insurance). **Application Deadline: Friday, September 11, 2015 at 5:00PM.**

Limited Part-Time Facility Events Workers: The City of Woodstock is accepting applications for limited part-time Facilities & Events Workers with the Woodstock Opera House. Examples of duties, most of which are physically strenuous, include: assisting with the load-in and out plus the running of public events; assisting in building, repairing and maintaining props and/or scenery; assisting in rigging and running of stage lighting and/or sound; assisting patrons with customer service; assisting in the cleaning, maintenance, and repair of the facility; and other related duties as assigned. These limited part-time positions will work approximately 12-16 hours per week, mostly weekdays and weekends, with evening hours possible. Salary Rate: \$9.57 per hour; no additional benefits are provided. **Application Deadline: Friday, September 18, 2015 at 5:00pm.**

Please refer to the City's website at www.woodstockil.gov and click on the Employment Opportunities section for further details and the application process on the above opportunities. *The City of Woodstock is an Equal Opportunity Employer.*

SEPTEMBER IS NATIONAL CHILDHOOD OBESITY AWARENESS MONTH

About 1 of every 5 (17%) children in the United States has obesity and certain groups of children are more affected than others. While there is no single or simple solution, National Childhood Obesity Awareness Month provides an opportunity for learning about ways to prevent and address this serious health concern.



Childhood obesity is a major public health problem.

- Children who have obesity are more likely to have obesity as adults. This can lead to lifelong physical and mental health problems, including diabetes and increased risk of certain cancers.
- Children who have obesity face more bullying and stigma.
- Childhood obesity is influenced by many factors. For some children and families factors include too much time spent in sedentary activities such as television viewing; a lack of bedtime routine leading to too little sleep; a lack of community places to get adequate physical activity; easy access to inexpensive, high calorie snacks and beverages; or a lack of access to affordable, healthier foods.

There are ways parents can help prevent obesity and support healthy growth in children.

- To help ensure that children have a healthy weight, energy balance is important. To achieve this balance, parents can make sure children get adequate sleep, follow recommendations on daily screen time, take part in regular physical activity, and eat the right amount of calories.
- Parents can substitute higher nutrient, lower calorie foods such as fruit and vegetables in place of foods with higher-calorie ingredients, such as added sugars and solid fats.
- Parents can ensure access to water as a no-calorie alternative to sugar-sweetened beverages.
- Parents can serve children fruit and vegetables at meals and as snacks and model this behavior themselves.

- **Addressing obesity can start in the home, but also requires the support of communities.**
- We can all take part in the effort to encourage more children to be physically active and eat a healthy diet.
- The federal government is currently helping low-income families get affordable, nutritious foods through programs, such as the Supplemental Nutrition Program for Women, Infants, and Children (WIC) and the Child and Adult Care Feeding Program (CACFP).
- State and local stakeholders including health departments, businesses, and community groups can help make it easier for families with children to find low-cost physical activity opportunities and buy healthy, affordable foods in their neighborhoods and community settings.
- Schools can help students be healthy by putting into action policies and practices that support healthy eating, regular physical activity, and by providing opportunities for students to learn about and practice these behaviors.
- With more than 60% of US children younger than age 6 participating in some form of child care on a weekly basis, parents can engage with child care providers to support healthy habits at home and in child care settings.

Working together, states, communities, schools, child care providers, and parents can help make healthier food, beverages, and physical activity the easy choice for children and adolescents to help prevent childhood obesity.

© 2014 National Center for Chronic Disease Prevention and Health Promotion

**Want to Start to Get Healthy with an
Exercise Program?**

City of Woodstock employees receive an employee discount at the
Woodstock Recreation Center. The initiation fee is waived!
**Executive membership is \$35 per month. Full membership is \$25
per month.** Try a week for free! For more information, contact Mary
Lynn Lisk or Renee Torrez at 815-338-4363 or visit
www.woodstockrecreationdepartment.com
for more information.

ANOTHER SUCCESSFUL TOUCH A TRUCK



The **Recreation Department** hosted its annual *Touch a Truck* event on Sunday, August 30 in Emricson Park. **Recreation Program Coordinator Becky Vidales** arranged for vehicles to be present at the event so that children of all ages would be able to climb in and out of.

Companies at this year's event included Interstate Battery, Mark Mitchell State Farm Insurance, McHenry County Sherriff's Department, Mecuum Auction, Whitey's Towing, Woodstock Dist #200, Woodstock Fire Rescue District, Woodstock Police Department and Woodstock Public Works. Their participation was appreciated and we look forward to them coming back to the event in 2016. We also had a visit from **Miss Woodstock Nora Brown!**

Special thanks to **Recreation Program Coordinators Alan Dunker** and **Renee Torrez** for helping direct traffic and helping to make sure the crowd of over 600 had a great time.



TWEEN NIGHT HEADING INDOORS FOR THE FALL SESSION

Grab your friends and head out to the **Recreation Department's Tween Night** on Sat, Sept 5th from 6:30-8:30PM at the Rec Center. There will be open gym, Minute to Win It games in the multipurpose room, ping pong, wallyball, open swimming and use of the hot tub will also be available.

There will also be special treats from our sponsoring partner for the night- Culvers!

Fee is just \$4 and is payable at the door.



Everything is theoretically impossible until it gets done.

Robert A. Heinlein



You are cordially invited to join Chief Robert Lowen at the Woodstock Police Department for coffee, conversation and an informative program.

Jeri Pulver, President and Founder of the "Laura Twirls Suicide Awareness Foundation", will present a program on suicide awareness and prevention.

Coffee with the Chief



September 14, 2015
7:00 p.m. – 8:30 p.m.
Woodstock Police Department
656 Lake Avenue

For further information, please call
Tamara Reed at 815-338-6787.

living with alzheimer's disease



FOR MIDDLE-STAGE CAREGIVERS

In the middle stage of Alzheimer's disease, care partners become hands-on caregivers. Join us for this three-part series and hear caregivers and professionals discuss helpful strategies to provide safe, effective and comfortable care in the middle stage of Alzheimer's.

WHEN

WHERE

REGISTRATION

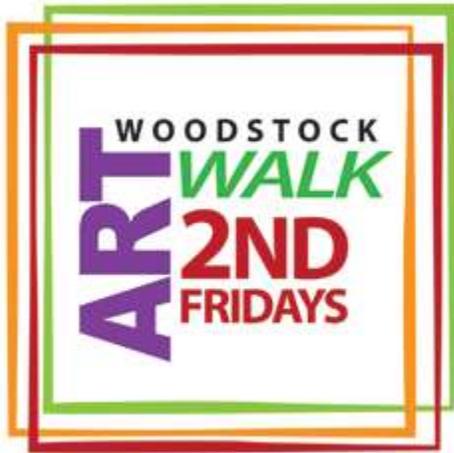
alzheimer's  association®

Greater Illinois Chapter



24.7 **HELPLINE**
800.272.3900

alz.org/illinois | alzil.mobi



September 11, 2015 from 6-9:00pm

Join us at the September Art Walk for our grand finale: Local magician Joe Diamond will drive blindfolded around the square!

You can make this even more exciting by donating to help ensure that Art Walk re-returns in 2016. We've set challenge levels for your donations. Who will travel with Joe is dependent upon the total amount of donations we receive. Make a donation at: <http://artwalkdonations.com/>

Total Donations Of:

\$2,000: Joe will make the drive with Woodstock City Manager Roscoe Stelford.



Roscoe Stelford

\$3,000: Joe will make the drive with Roscoe & Police Chief Robert Lowen.



Robert Lowen

\$4,000: Joe will make the drive with Roscoe, Robert & Fire Chief Ralph Webster.

\$5,000: Joe will make the drive with Roscoe, Robert, Ralph & Mayor Brian Sager!



Brian Sager